

# Questioning The Change Situation

Now you can identify the information that you need to have answered first. The usual pattern is to address the self-concern issues (if any), then move to task and finally address impact concerns.

Information I need to get, in order, is:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Each time teachers find themselves in a state of change, this questioning exercise can help. It can become a part of teachers' mental reflection checklist in any change situation. First, teachers need to address the self-concern issues (if any), then move to task and finally address impact concerns. Planning to address all three aspects of change encourages positive professional growth.


The balance of this handbook is divided into four areas. The next three sections are devoted to dealing with:

- self concerns
- task concerns
- impact concerns.

There is a section (see pages 65-84) designed to address the needs of a beginning teacher (less than two years teaching experience).

This resource is also helpful for teachers who do not have permanent positions. Many teachers begin and even continue their careers in:

- supply teacher positions
- long-term occasional positions
- part-time positions
- job-sharing situations.

Forms and questionnaires in this handbook showing  **PDF download** are available as full page PDF files from [www.databdirect.com](http://www.databdirect.com) See the inside back cover for downloading directions.

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## Acknowledging What Is Changing

The instability of teaching in an unfamiliar setting as a part-time teacher, whether working toward a full-time position or planning to stay in part-time work, can be highly stressful. It is important to manage self concerns appropriately in this situation, to take advantage of the rich learning opportunities teaching in varied situations can provide. Through the variety of teaching situations, focusing on the best practices encountered, talking with different colleagues, and observing students at various grades and abilities provides experiences to draw upon to manage task and impact concerns more readily.

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