

Step #2 In Action: Gathering the Evidence

PLANNING YOUR GRADE 10 HEALTH AND PHYSICAL EDUCATION ASSESSMENT AND EVALUATION

This chart provides an overview of the *ESSENTIAL LEARNINGS* in the Grade 10 health and physical education curriculum, the Learning Skills, as well as typical units in the Grade 10 program. Developing a cross-classification chart to plan and track the assessment and evaluation for the course helps the teacher manage the task.

✓ indicates the *ESSENTIAL LEARNINGS* the teacher has decided to assess and evaluate in each unit * identifies the assessment tasks and tools that are provided within this document

Essential learnings	MOV'T SKILLS PRINCIPLES	SPORT/GAME STRATEGIES	PHYSICAL FITNESS	DEC MKG GOAL SETTING	PARTICIPATION	SAFETY	SOCIAL SKILLS	HEALTH CONCEPTS	LEARNING SKILLS WORK HABITS HOMEWORK	LEARNING SKILLS ORGANIZATION	LEARNING SKILLS WORKS INDEPENDENTLY	LEARNING SKILLS INITIATIVE	LEARNING SKILLS TEAMWORK
Units													
Outdoor Interactive Activities			✓		✓ *	✓	✓ *					✓	✓
Fitness Appraisal (2 days)			✓		✓ *	✓		✓					
Fitness Enhancers Body Management	✓		✓			✓						✓	
Soccer Invasion Territory	✓	✓ *	✓		✓ *								
Golf Target	✓	✓ *					✓ *				✓		
Basketball Invasion Territory	✓ *	✓ *	✓				✓ *						
Substance Use and Abuse				✓				✓	✓	✓			
Cricket Striking Fielding	✓	✓ *				✓							
Aquatics Body Management	✓		✓			✓					✓		
Dance Body Management	✓		✓		✓ *						✓	✓	
Healthy Sexuality				✓ *				✓ *	✓	✓			
European Handball Invasion Territory	✓	✓ *					✓ *						
Conflict Resolution				✓ *				✓ *	✓	✓			
Tennis Net Wall	✓	✓ *			✓ *								✓
Healthy Eating				✓				✓	✓	✓			
Volleyball Net Wall	✓ *	✓ *			✓ *								✓